

## Introduction for Julie Bell, PhD

Do we have any basketball, football or hockey fans? Any golfers or soccer moms? Are you ready to take your game to the next level?

Our speaker today is one of America's leading experts on mental training for maximum results.

Dr Julie doesn't just talk about the Mind of a Champion, she trains it every day as a business leader, executive coach, author and speaker. Her book, Performance Intelligence at Work, was released by McGraw Hill in 2009 and has helped individuals, teams and organization perform their best when it matters most.

Julie received her PhD in sport psychology from the University of Virginia. She is the founder and president of The Mind of a Champion. She comes to us today from Dallas, TX where she lives with her husband Nelson and 3 children.

Please help me welcome... Dr Julie Bell